





## ABOUT DR. OPARA

Dr. Ijeoma Opara is an Assistant Professor in the School of Social Welfare at Stony Brook University and a Visiting Faculty Fellow at Yale University School of Public Health.

Dr. Opara's research focuses on using strengths-based approaches to reduce gender-based health disparities, substance use, STI, and HIV prevention for Black Girls. More broadly, Dr. Opara's work also investigates risk and protective factors for substance use prevention among minority youth.

Dr. Opara has received many awards for her work including AcademyHealth's Population Health Scholar and Poz Magazine's Top 100 Women ending the HIV Epidemic.

Dr. Opara has also received funding in training grants and fellowships from various federal agencies such as the National Institutes of Health (NIH), Centers for Disease Control & Prevention (CDC), and Substance Abuse and Mental Health Services Administration (SAMHSA) to investigate health outcomes in minority youth and women.

Dr. Opara has been invited to speak about her work and conduct trainings on prevention, empowering Black girls, and addressing health disparities at national academic conferences, youth-serving organizations, addiction conferences, and community forums.





## WORKSHOPS

The topics presented in this kit are not representative of the wide array of areas that Dr. Opara can present on. Please contact Dr. Opara for more information about your organizations needs.

- Youth Substance Use Prevention
- Marijuana Legalization & Youth
- Empowering Black Girls
- Black Women & Surviving Academia
- Youth Advocacy-How to identify Problems and Make Change
- HIV/AIDS and Youth
- HIV/AIDS and Black Women
- Strengths-Based Appoaches to Preventing HIV and Substance Abuse among Youth (for parents, educators, and clinicians)
- Community-Based Participatory Research in Minority Communities

## PAST SPEAKING ENGAGEMENTS

- Congressional Caucus on Black Women & Girls
- Tree of Addiction Conference
- New Jersey Psychiatric Rehabilitation Association (NJPHA) Education
- Paterson School District
- Paterson City Council
- American Public Health Association
- National Council on Family Relations
- Society on Social Work Research
- Black Doctoral Network
- College on Problems of Drug Dependence





Dr. Opara charges a fee for all workshops, trainings, and talks. All fees are negotiable. A sliding scale fee is available for non-profit organizations.

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